

S F Johnson Consulting & Construction Services

Class Outline

Safety Training for Managers – OSHA 10

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Safety Training for Managers – OSHA 10 Basics

This class is intended to train the student that has the duty of safety manager. In this 5-hour class, we will discuss all safety issues based on OSHA Standards. We will teach the student all the content contained in an OSHA 10 Safety Training class. At the end of the class the student will be able to lead his staff through this same training safely. The student will also be able to evaluate any office or worksite for probably safety issues and correct those. The student will also be trained on how to deal directly with OSHA properly, in the event of any safety issue.

The student will also be provided with a personalized safety package to produce his/her own safety documentation at any time.

In addition to paying the class enrollment fee, the student will be required to purchase additional study materials from our student store.

Class Schedule

Class 1

1. Introduction to OSHA

Why was OSHA created?

Worker's Rights

Worker's Responsibilities

Reporting Safety Hazards

Ways to Report Workplace Hazards

How OSHA Responds to a Complaint

Class 2

2. Focus (Fatal) Four

Falls – Personal Fall Arrest Systems

Stairways & Ladders

Scaffolds

Caught in Between

Struck By

Nail Gun Safety

Cranes & Rigging

Electrocution

Power Tools

Protective Devices

Wet Conditions & GFCI

Quiz 1

Class 3

3. PPE – Personal Protective Equipment

What is PPE?

Assessing the need for PPE

Examples of PPE

Employer Responsibilities

Quiz 2

4. Identifying Hazards in Construction

Heat

Noise

Lead Exposure

Working Outside

Silica Exposure

Working at Heights

Trenching

Quiz 3

Class 4

5. Cranes

Scope

Ground Conditions

Assembly/Disassembly

Power Line Safety

Signals

Operator Qualifications

Signal Person Qualifications

Tower Cranes

Fall Protection

Quiz 4

Class 5

6. Excavations

Slope, Shore, Shield

Trenching & Excavation Safety Measures

Competent Person

Protective Systems

Quiz 5

7. Material Handling

Basic Safety & Health Principles – Ergonomics

When to move materials manually vs mechanically

Fire Safety in Material Handling

Moving, handling and storing materials

Quiz 6

8. Hand & Power Tools

What are the hazards of hand tools?

What are the dangers of hand tools?

Guards

Operating Controls & Switches

Electric Tools

Portable Abrasive Wheel Tools

Pneumatic Tools

Liquid Fuel Tools

Power-Actuated Tools

Hydraulic Power Tools

Quiz 7

Final

The final will be available one week after the last class. Student will have this week to sign up for personal office hours to receive additional help to ensure they pass all quizzes and the final.

**The Dates Are Subject to Change
Please confirm your class with our office.**